



Splendid Women

“For God, who said, ‘Let light shine out of darkness,’ made his light shine in our hearts to give us the light of the knowledge of God’s glory displayed in the face of Christ.” 2 Cor. 4:6



Hello, my dear and *Splendorous* Sisters in Christ!

I am Marta, your sister and friend on this beautiful journey of faith. I am so excited to share with you this journey of 12 lessons that we have prepared with so much love.

Do you know? Sometimes, in the midst of daily struggles, we can forget how valuable and special we are to God. But the truth is, when we surrender to Him and allow His Holy Spirit to transform us, He makes us *splendorous*! Just as a jewel shines when polished, we reflect the glory of God when we live in holiness. What a wonderful grace!

I remember one time when I felt so overwhelmed by responsibilities and doubts. But as I immersed myself in the Word and sought God's presence, everything changed! I felt a peace and strength that came not from me, but from Him. And I realized that, despite my imperfections, I was *splendorous* in the eyes of my heavenly Father!

So I invite you, my beloved sisters, to embark on this adventure together. Through these 12 lessons, we will explore what it means to be *splendorous women* in every area of our lives: in our identity, relationships, ministry, health, finances, and so much more. We will discover together how to shine with the light of Christ in this world that needs it so much!

We are going to be *splendorous in every situation and in every place* for His glory!

With love in Christ,

Marta

DEFINITION OF *Splendid*

splendid¹

1. adj. Very bright, glowing.

Syn.: • Glowing, radiant, bright, dazzling, splendid.

2. adj. Impressive for its great beauty or grandeur.

Syn.: • magnificent, superb, splendid, sumptuous, ostentatious, lavish, luxurious, rich, regal, lauto, stupendous, excellent, sublime, sublime, boisterous.

Synonyms or related to **splendid**

1. **resplendent, radiant, brilliant, dazzling, splendid.**

2. **magnificent, superb, splendid, sumptuous, ostentatious, lavish, luxurious, rich, regal, lauto, stupendous, excellent, sublime, sublime, boisterous.**

¹ <https://dle.rae.es/esplendoroso>

Women's Ministry
Church of the Nazarene in Mesoamerica
12 Bible Studies

Parent Theme: Splendid

Key Text of the Study Series: 2 Corinthians 4:6

Duration of each study: 1 hour

Materials: Bible, notepad, pens, optional visual resources (pictures, videos, etc.)

Suggested Format:

- **Welcome and Prayer:** 5 minutes
- **Icebreaker activity:** 10 minutes (game, dynamics, questions to share)
- **Bible study:** 30 minutes (passage reading, analysis, discussion, personal application)
- **Prayer and closing:** 15 minutes (reflection time, individual and group prayer, sharing requests)

1. Splendid Identity:

Discovering Our Value in Christ

- **Scripture:** Genesis 1:27; Ephesians 2:10; Psalm 139:14
- **Objective:** To recognize that we are created in the image of God, with a unique and valuable purpose.

Genesis 1:27

- **Context:** This verse is part of the creation account in Genesis, where God creates man in His image.
- **Exegesis:** *“So God created man in his own image, in the image of God he created him; male and female he created them.”* This verse establishes the inherent dignity of every human being as bearer of God’s image. It does not refer to a physical likeness, but to qualities such as the ability to reason, love, create, and have a relationship with God. The creation of both sexes in the image of God indicates the equal value and dignity between men and women.
- **Proposition:** All women, regardless of race, age, marital status, or any other status, possess an intrinsic dignity because they are created in the image of God.
- **Application:** As women, we must remember our incalculable worth before God. We must not allow anything or anyone to make us feel inferior or less capable. We can use our gifts and talents to serve God and others with confidence and security.

Ephesians 2:10

- **Context:** Paul is talking about salvation by grace through faith in Jesus Christ. He explains how both Jews and Gentiles are now one in Christ.
- **Exegesis:** *“For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.”* This verse highlights that our identity in Christ defines us and gives us purpose. We were created to do good, and God already has a plan for each of us.
- **Proposition:** As daughters of God, we have a divine purpose and are called to do good works in the world.
- **Application:** We must seek God's will for our lives and use our gifts to serve Him and others. We can get involved in ministries, help those in need, and be a light in our environment.

Psalm 139:14

- **Context:** David expresses his awe at the omniscience and omnipresence of God, who knows him intimately.
- **Exegesis:** *"I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well."* (ESV) David recognizes God's greatness in creating him in such intricate and wonderful ways. This psalm celebrates the masterpiece of divine creation in every human being.
- **Proposition:** Each woman is a unique and wonderful creation of God, formed for a special purpose.
- **Application:** We should marvel at God's work in ourselves and others. We can cultivate an attitude of gratitude for our lives and bodies, caring for them as temples of the Holy Spirit. We must also remember that every woman we meet is valuable and loved by God.

Questions for Discussion:

- What does it mean to you to be created in God's image?
- How can we discard the lies that tell us we are not valuable?
- How can we strengthen our self-esteem and trust in God?

Additional Ideas for Activities:

- Discuss how these biblical truths impact women's self-esteem and identity.
- Create a visual collage or write a personal letter that expresses our identity in Christ.
- Share testimonies of how you have experienced God's love and purpose in your lives.
- Pray together for the strength to live according to your identity in Christ.
- Do a creative activity that allows you to express your individuality and beauty as God's creations (painting, writing, collage, etc.).

2. Splendid Relationships:

Cultivating Healthy and Uplifting Bonds

- **Scripture:** Proverbs 17:17; 1 Corinthians 13:4-7; Colossians 3:12-14
- **Objective:** Learn to build relationships based on love, respect and effective communication.

A. Proverbs 17:17

- **Exegesis:** *“A friend loves at all times, and a brother is born for a time of adversity.”*
 - This proverb highlights the importance of true friendship that endures through thick and thin. A true friend shows up as a brother when we face difficulties.
 - The Hebrew word for “friend” implies a loyal and committed love.
 - The image of a “brother” emphasizes support and closeness in times of need.
- **Context:** Proverbs is a book of practical wisdom for daily life. This proverb is found in a section that talks about interpersonal relationships.
- **Proposition:** Cultivating genuine friendships that provide support and unconditional love is essential to navigating life's difficulties.
- **Application:**
 - **Activity:** Organize a workshop or meeting where women can share experiences about the importance of friendships in their lives.
 - **Focus:** Encourage the creation of authentic connections among women in ministry, promoting an environment of mutual support and sisterly love.
 - **Example:** Share testimonies of women who have found support from others during difficult times, or carry out activities that strengthen the bonds of friendship within the group.
 - In pairs or small groups, practice communication skills.

B. Exegesis of 1 Corinthians 13:4-7

- Paul wrote this letter to the church in Corinth to address divisions and problems they were experiencing, including spiritual immaturity and a lack of genuine love. In chapter 13, Paul reminds them that spiritual gifts are useless without love, which is “the most excellent way.” Verses 4-7 describe the characteristics of true love.
- **Love is patient, love is kind:** Love is patient and kind, even in the face of provocation. It does not give up easily on others. Kindness implies an active attitude of goodness and generosity.
- **Love is not envious:** Love does not feel threatened or resentful of the success or possessions of others. It rejoices with those who rejoice.

- **Love does not boast, it is not proud:** Love is not arrogant or proud. It does not seek to draw attention to itself or boast about its accomplishments.
- **It does not dishonor others:** Love behaves in an honorable and respectable way. It does not seek its own benefit at the expense of others.
- **It is not self-seeking:** Love is not selfish. It cares about the needs of others and seeks their well-being.
- **It is not easily angered, it keeps no record of wrongs:** Love does not get angry easily or hold a grudge. It forgives and forgets offenses.
- **Love does not delight in evil but rejoices with the truth:** Love is saddened by evil and rejoices with the truth. It seeks justice and righteousness.
- **It always protects, always trusts, always hopes, always perseveres:** Love perseveres through difficulties. It trusts, hopes, and endures all things.

Proposition:

True love, as Paul describes it, is the foundation of healthy relationships and Christian living. It is patient, kind, selfless, forgiving, and persevering.

Application:

- **Cultivate love in relationships:** Those who are a part of Women's Ministry should strive to show genuine love to one another, being patient, kind, understanding, and forgiving.
- **Serve with love:** Service should be motivated by love for God and neighbor.
- **Foster unity:** Love brings people together. Women's Ministry should be a place where unity and harmony are promoted, avoiding gossip, envy, and divisions.
- **Forgive and reconcile:** Love forgives. Those who are a part of Women's Ministry should be willing to forgive offenses and seek reconciliation.
- **Support each other:** Love cares about the well-being of others. Those who are a part of Women's Ministry should support each other during difficulties and pray for one another.
- **Be an example of love:** Those who are a part of Women's Ministry should be an example of Christian love to the church and community.

Conclusion:

1 Corinthians 13:4-7 offers a powerful description of true love. By studying and applying these verses, women can grow in their love for God and others and be a powerful witness to the gospel.

C. Text: Colossians 3:12-14

Context: The letter to the Colossians was written by the apostle Paul to counter false teachings that were infiltrating the church at Colossae. These heresies promoted a legalistic and mystical approach to faith, diverting believers from the centrality of Christ. In Colossians 3:12-14, Paul exhorts believers to live a transformed life, clothed in Christian virtues, as a response to God's grace in Christ.

Exegesis:

- **v. 12:** *“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves...”* Paul uses the metaphor of getting dressed to illustrate the need for an internal transformation that is reflected in external actions. The words *“God’s chosen people, holy and dearly loved”* emphasize the new identity believers have in Christ.
 - **Compassion:** Deep and sincere sympathy toward others.
 - **Kindness:** Goodness, friendly in dealings.
 - **Humility:** Recognition of our limitations and dependence on God.
 - **Gentleness:** A gentle attitude, not easily irritated.
 - **Patience:** Ability to endure offenses and hardships with long-suffering.
- **v. 13:** *“Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.”* Forgiveness and mutual tolerance are essential in the Christian community. The forgiveness we offer must reflect the unconditional forgiveness we have received from Christ.
- **v. 14:** *“And over all these virtues put on love, which binds them all together in perfect unity.”* Love is the supreme virtue that unites all the others. It is the *“bond of perfection”* (NKJV) that holds the Christian community together.

Proposition:

The Christian life is characterized by a clothing of virtues, centered on love, that reflects our new identity in Christ and promotes unity within the community.

Application:

- **Identity in Christ:** Remembering and affirming our identity as *“God’s chosen people, holy and dearly loved”* strengthens our self-esteem and confidence in God's calling for every woman.
- **Cultivate Christian virtues:** Promote spaces for reflection and growth to cultivate the virtues mentioned in the text (compassion, kindness, humility, gentleness, patience).
- **Forgiveness and Reconciliation:** Foster a culture of forgiveness and reconciliation within Woman’s Ministry by providing tools for resolving conflicts biblically.

- **Love as a Foundation:** Emphasize love as the guiding principle in all activities and relationships within your Women's Ministry program. Love should be the engine that drives service, compassion, and unity among sisters.
- **Example for the Church:** Women's Ministry can be a model of how to live out these Christian virtues, positively impacting the entire congregation.

Ideas for Activities:

- **Workshops:** Organize hands-on workshops on topics such as conflict management, affirmative communication, forgiveness, and reconciliation.
- **Small groups:** Create spaces of trust where women can share experiences, pray, and support each other in spiritual growth.
- **Service Projects:** Involve the women of your church in projects that demonstrate Christ's love in action to the community.

By putting these virtues into practice, women can be a powerful witness to God's transforming love and an agent of unity and edification for the body of Christ.

Questions for Discussion:

- How can we demonstrate love and respect in our relationships?
- What are some healthy strategies for managing conflict?
- Why is forgiveness and reconciliation important in our relationships?

3. Splendid Ministry:

Using Our Gifts to Serve Others

- **Bible Text:** 1 Peter 4:10; and supporting texts 1 Corinthians 12:4-11; Romans 12:6-8.
- **Objective:** To identify our spiritual gifts and use them to serve God and others.

Brief context:

1 Peter was written to Christians who were going through persecution and suffering for their faith. Peter encourages them to persevere and live holy lives in the midst of trials. In chapter 4, he exhorts them to use their spiritual gifts to serve one another and glorify God.

Text: *“Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various form.”* (1 Peter 4:10)

Exegesis:

- **“Each of you should use whatever gift you have received”:** Peter emphasizes the individuality and diversity of spiritual gifts. Every believer has received at least one gift from God, (in most cases many more) and is responsible for using it for the common good.
- **“use whatever gift you have received to serve other”:** The purpose of spiritual gifts is not self-exaltation, but service to others within the body of Christ. It is a call to action, to put your gifts into practice to edify the church.
- **“as faithful stewards of God’s grace”:** Gifts are an expression of God's grace, and we must use them responsibly and faithfully. God's grace is demonstrated in various ways through the gifts he gives, and we are called to be good stewards of these blessings.

Proposition: God has given us unique gifts to serve one another and glorify Him.

Application:

- **Identify Gifts:** Encourage your women to discover and recognize the gifts God has given them. This can be done through prayer, Bible reading, personal reflection, and feedback from others.
- **Use Your Gifts to Serve:** Encourage your women to use their gifts to serve other women within your Women’s Ministry program, your church and in the community. This can include teaching, advising, leading, showing hospitality, encouraging, etc.
- **Develop Your Gifts:** Provide opportunities for women to develop and strengthen their gifts through workshops, Bible studies, mentoring, and active participation in ministry.

- **Celebrate the Diversity of Your Gifts:** Recognize and value the diversity of the gifts within this group of women, and foster an environment of unity and cooperation where each can contribute her talents.

Additional Ideas for Activities:

- Have each woman write on a piece of paper the gift(s) she thinks she has and how she can use it to serve others (an inventory of gifts).
- Have some of your ladies share their testimonies of how they have used their gifts to bless others.
- Pray together that God will give each of you wisdom and power to use your gifts faithfully.

Questions for Discussion:

- What are some of the spiritual gifts mentioned in the Bible?
- How can we discover our own gifts and talents?
- In what ways can we use our gifts to serve in our church and in our community?

4. Splendid Health:

Taking Care of Our Minds and Bodies as Temples of the Holy Spirit

- **Bible Text:** 1 Corinthians 6:19-20; supporting texts 3 John 1:2; Proverbs 3:7-8
- **Objective:** To understand the importance of taking care of our physical, mental and spiritual health.

Exegesis of 1 Corinthians 6:19-20 and Context:

- Paul writes to the church in Corinth, a city known for its immorality. The Corinthian Christians were struggling with the temptations and immoral behaviors that surrounded them, even within the church itself. In this passage, Paul specifically addresses sexual immorality and reminds believers of their new identity in Christ.
- **Text:** *“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.”* (1 Corinthians 6:19-20)

Proposition:

- As Christ-redeemed daughters of God, our bodies are temples of the Holy Spirit and we are to glorify Him with our lives.
- **“...your bodies are temples of the Holy Spirit...”:** This powerful metaphor emphasizes the sanctity of the human body. Just as the temple in the Old Testament was the dwelling place of God, now our bodies are the dwelling place of the Holy Spirit. In Wesleyan Theology, this goes along with the Doctrine of Entire Sanctification, where the Holy Spirit not only resides in us, but purifies us and enables us to live a holy life.
- **“...who is in you, whom you have received from God?”:** The Holy Spirit is a gift from God, a sign of His presence and power in our lives. This highlights the prevenient grace of God that enables us to respond to His call and live holy lives.
- **“You are not your own;”:** We have been purchased with the blood of Christ. We no longer belong to ourselves, but to Him. This truth frees us from selfishness and motivates us to live for the glory of God. It reflects the Wesleyan Theology of the new birth, where our will is set free to love and serve God.
- **“...you were bought at a price.”:** Paul is referring to redemption, the saving work of Christ on the cross. The price he paid was his own life, demonstrating the immense value we are to God.
- **“Therefore honor God with your bodies.”:** This is the call to action. We must honor God with our whole being, taking care of our bodies, making wise choices, and using all we have to serve Him. This aligns with the Wesleyan emphasis on practical holiness, living a life of love for God and neighbor.

Application:

- **Self-worth:** Remind women of their intrinsic worth as daughters of God, created in His image and redeemed by Christ. This counteracts cultural messages that objectify and degrade women.
- **Sexual Purity:** Emphasize the importance of sexual purity as a way to honor God with our bodies. Encourage women to set healthy boundaries in their relationships and to seek help from their Christian community if they struggle with temptation.
- **Body Care:** Promote taking care of the body, as it is a temple of the Holy Spirit, through healthy eating, exercise, and adequate rest.
- **Serve God:** Encourage women to use their gifts and talents to serve God and others. Remind them that their bodies are instruments to do good in the world.
- **Freedom in Christ:** Celebrate the freedom we have in Christ, free from the bondage of sin and shame. Encourage women to live with confidence and joy in their new identity in Christ.

Conclusion:

- This passage offers a solid foundation for Women's Ministry in the Church of the Nazarene by helping women to understand the truth that our bodies are temples of the Holy Spirit.

Questions for Discussion:

- What does it mean to treat our body as a temple of the Holy Spirit?
- How can we develop healthy lifestyle habits?
- How can we meet mental health challenges with faith and hope?

Activity: Invite a Christian health care professional or Christian counselor to discuss how to have healthy life styles and/or mental health and wellness issues.

5. Splendid Finances:

Managing Resources with Wisdom and Generosity

Bible Text: Matthew 6:19-21 and supporting texts Proverbs 3:9-10; Malachi 3:10.

Objective: To apply biblical principles to manage our finances responsibly and generously.

Context: Jesus is in the middle of the Sermon on the Mount, instructing his disciples on how to live a godly life that reflects the Kingdom of God. In Matthew 6:19-21 he addresses the topic of riches and where we should set our hearts. This passage is particularly relevant to us, as we as women often face social and cultural pressures related to materialism and comparison.

Text: *“Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”* (Matthew 6:19-21)

Proposition: True security and satisfaction are found in investing in eternal treasures and setting our hearts on God, not earthly possessions.

Exegesis:

- **Social Holiness:** John Wesley emphasized that the Christian faith has practical implications for daily life and for society. This passage calls us to challenge the materialistic values of the world and to seek a simpler, more God-centered life. For us, this may mean resisting the temptation to seek validation in social status or material possessions, and instead, focusing on serving God and others.
- **Christian Perfection:** Wesley believed that through God's grace, Christians can grow in love for God and neighbor. This passage invites us to examine our hearts and align our desires with God's will. For us, this involves cultivating a deep devotional life and seeking the guidance of the Holy Spirit in all areas of their lives, including their finances and possessions.
- **Prevenient Grace:** Wesley taught that God's grace enables us to respond to His call and live a holy life. This passage reminds us that we cannot store up treasures in heaven on our own. We need God's help to resist the temptation of greed and to focus our hearts on eternal things. We can rely on God's grace to overcome challenges and stay true to our calling.

Application:

- **Self-Examination:** We can use this passage to reflect on where we are investing our time, energy, and resources. Are we seeking security in material things or in God? Are we using our gifts and talents to serve others or for our own benefit?
- **Stewardship:** This passage calls us to be good stewards of the resources God has given us. We can use our finances and possessions to further God's kingdom and to help those in need.
- **Priorities:** This passage challenges us to put God first in our lives. For us, this may mean setting healthy boundaries between ministry and personal life, and making time for prayer, Bible study, and fellowship with God.
- **Mentoring:** We can use this passage to guide and encourage other women to live a God-centered life and to resist the pressures of materialism. We can share our own experiences and offer practical support
- **Activity:** Create a personal or family budget based on biblical principles.

Questions for Discussion:

- What does the Bible say about money and possessions?
- How can we avoid consumerism and debt?
- What does it mean to be generous with our resources?
- What women in the Bible were good stewards of their resources?

Conclusion:

Matthew 6:19-21 offers profound and relevant teaching for us today. By understanding this passage through the lens of Wesleyan Theology, we can be challenged to live a holier, God-centered life committed to serving others.

6. Splendid Prayer:

Deepening Our Communication with God

- **Bible Text:** Matthew 6:5-13 and supporting texts Philippians 4:6-7; 1 Thessalonians 5:16-18.
- **Goal:** To develop a deeper and more meaningful prayer life.
- **Activity:** Practice different forms of prayer, such as prayers of praise, prayers of petition, and prayers of intercession. Make time to pray together.

Context: This passage is found in the Sermon on the Mount (Matthew 5-7), the manifesto of Christian discipleship where Jesus teaches about the Kingdom of God. In Matthew 6:5-13, Jesus addresses the issue of prayer, specifically hypocrisy in prayer and the right way to pray. Jesus contrasts the ostentatious prayer of the Pharisees with the sincere and humble prayer that pleases God, culminating in the teaching of the Lord's Prayer as a model of prayer.

Proposition: Genuine prayer is an intimate and humble conversation with God, free of hypocrisy and focused on seeking His will. This transformative practice, exemplified in the Lord's Prayer, draws us closer to God and enables us to live in holiness and obedience.

Exegesis:

- **Verses 5-6:** Jesus condemns hypocritical prayer that seeks the approval of others. True religion is a matter of the heart, not of outward appearances. God's grace works within, transforming the believer and producing fruits of holiness. Authentic prayer springs from a humble and contrite heart.
- **Verses 7-8:** Jesus warns against vain repetition in prayer. It emphasizes the importance of extemporaneous prayer, where words flow from the heart and are adapted to the needs of the moment. God does not need us to inform Him of our needs, He already knows them, but it is necessary to pray. Prayer is as necessary as water to our lives, because prayer is an act of communion with God, where we seek His direction and strength. In addition, through prayer He fills us, ministers to us, and we grow in His grace, among other things.
- **V. 9-13:** The Lord's Prayer is a model of prayer that reflects Wesleyan Theology in several respects:
 - **Sanctification:** "...hallowed be your name..." reflects the Wesleyan emphasis on holiness. God is holy, holy, holy. All holiness comes from God. Prayer exalts God's holiness while also prompting us to pursue Christian perfection so that we can reflect God's character in our lives.
 - **Kingdom of God:** "... your kingdom come..." aligns with the vision of personal and social transformation through the gospel. Prayer motivates us to see all that is good in the Kingdom of God established on earth and therefore to evangelize, as well as to be compassionate and work for justice and peace in the world.

- **God's Will:** “... *your will be done...*” emphasizes submission to the divine will of God, a central principle in Wesleyan Theology. Prayer helps us discern God's will and live in obedience to Him. God knows our vulnerabilities, but we ask that His will be done, and we submit to it.
- **Forgiveness:** “...*forgive us our debts...*” The grace that seeks us is also the grace that saves us. We are saved and forgiven, freed from sin, freed from the guilt of sin, and from the debt we owed to God, by His grace that is through Jesus Christ. Jesus justifies us by faith in Him. We recognize our dependence on God's grace for forgiveness and the complete restoration of our lives. No one, and nothing I have ever done, is beyond the reach of God's wonderful grace. The Lord forgives us and the blood of Christ cleanses our hearts from all darkness, so that the light of Jesus may dwell in us. When we are forgiven by God, we can express the same mercy toward others, even though they have wronged us, and forgive them.
- **Dependence:** “...*lead us not into temptation...*” reminds us of the constant need for divine grace to resist evil. Although sanctification is an instantaneous work, it is also an ongoing process that requires the lifelong help of the Holy Spirit.

Application:

- **Encourage authenticity in prayer:** Encourage women to pray with sincerity and humility, avoiding ostentation and vainglory.
- **Promote extemporaneous prayer:** Teach women to express themselves freely in prayer, sharing their joys, worries, and needs with God.
- **Use the Lord's Prayer as a guide:** Meditate on each petition of the Lord's Prayer, applying it to the realities of everyday life and our ministries.
- **Emphasize the connection between prayer and holiness:** Encourage women to seek personal transformation through prayer and to reflect God's character in their relationships and actions.
- **Pray for the Kingdom of God to be establishment everywhere:** Inspire women to pray for social justice, peace, and the spread of the gospel in their communities and around the world.
- **Create spaces for prayer:** Organize prayer groups, spiritual retreats, and other activities that promote individual and community prayer among women.

Questions for Discussion:

- What is the importance of prayer in our Christian life?
- What different types of prayer do we find in the Bible?
- How can we overcome the obstacles that keep us from praying?

Conclusion: Matthew 6:5-13 offers a profound teaching on prayer. By understanding the importance of authenticity, humility, and seeking God's will in prayer, women can experience a more intimate relationship with God and be empowered to live holy, fruitful lives.

7. Splendid in God's Word:

Feasting on the Bible and Applying It to Our Lives

Scripture: Hebrews 4:12 and supporting texts Psalm 119:105; 2 Timothy 3:16-17.

Objective: To cultivate the habit of reading, studying, and meditating on God's Word.

Context: The book of Hebrews was written to Jewish Christians who were being tempted to abandon their faith in Christ and return to Judaism. The anonymous author exhorts them to persevere in their faith, reminding them of Christ's superiority over the old covenant. In Hebrews 4:12, the author emphasizes the power of God's Word to transform lives.

Text: *"For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and spirit, of joints and marrow, and discerning the thoughts and intentions of the heart."* (Hebrews 4:12, RSV)

Proposition: The Word of God is a powerful instrument that penetrates deeply into our being, revealing our true condition and transforming us into the image of Christ.

Exegesis:

- ***"...the word of God is living and active..."***: This phrase highlights the dynamic and active nature of God's Word. It is not simply a collection of ancient writings, but a living force at work in the believer. For John Wesley, Scripture was the primary source of divine revelation, but not the only source. He also valued tradition, reason, and experience, as long as they were in harmony with the Bible (Wesleyan Quadrilateral). God's Word, then, is living in the sense that it is revealed through these four lenses and continues to speak to the heart of the believer today.
- ***"... sharper than any two-edged sword..."***: The image of the two-edged sword emphasizes the penetrating power of God's Word. It penetrates deep into our being, exposing our most hidden thoughts, motivations, and desires. Wesley believed in the total depravity of the human being, that sin affects all areas of our lives. God's Word, like a sword, shows us the depth of our need for a Savior.
- ***"...piercing to the division of soul and spirit, of joints and marrow..."***: This vivid description illustrates the ability of God's Word to discern between the superficial and the deep, the temporal and the eternal. It helps us distinguish between our soul (mind, emotions, will) and our spirit (the part of us that connects to God). Wesley made a similar distinction between "prevenient grace" that operates in the soul and "justifying grace" that regenerates the spirit.

- ***“...discerning the thoughts and intentions of the heart.”***: God's Word not only reveals our inner condition (makes a diagnosis that exposes our weaknesses, our unbelief, and our tendencies), but it also judges the motives of our heart. It confronts us with our attitudes, desires, and purposes, leading us to repentance and transformation. Wesley believed that true faith produces fruits of holiness in the believer's life. God's Word helps us examine our fruits and align our lives with God's will. We have the invaluable help of the Holy Spirit in this task.

Application:

- **Deep Bible Study:** Encourage women to immerse themselves in God's Word through regular Bible study, both individually and in groups. Promote the use of study tools, such as Bible commentaries and dictionaries, to deepen your understanding of the text. Mobile apps can also be used to help you join others in studying the Word daily.
- **Personal Reflection and Prayer:** Incorporate moments of personal reflection and prayer into Women's Ministry activities. Encourage women to meditate on God's Word, allowing Him to examine their hearts and guide them in their walk with Christ.
- **Practical Application:** Help women connect God's Word to their daily lives. Encourage practical application of Scripture in the areas of relationships, work, family, and community service.
- **Accountability:** Create a safe environment where women can share their struggles and be encouraged by others in their walk with Christ. Promote mutual accountability by encouraging women to pray for each other and support each other in their spiritual growth.
- **Intentional Discipleship:** Implement a discipleship program where women can be guided and mentored by women who are more mature in the faith. This discipleship must be grounded in God's Word and focused on spiritual growth and personal transformation.

Conclusion:

Hebrews 4:12 reminds us of the transforming power of God's Word in the believer's life. By digging deeper into Scripture, allowing the Word of God to examine our hearts, and applying its truths to our daily lives, we can experience the fullness of life in Christ. Women's Ministry of the Church of the Nazarene has a great opportunity to guide women in this process of transformation, equipping them to live holy and fruitful lives that glorify God.

Questions for Discussion:

- Why is it important to read the Bible regularly?
- What methods can we use to study the Bible effectively?
- How can we apply the teachings of the Bible to our daily lives?

Activity: In small groups, share a Bible verse that has recently been significant to you and explain why.

8. Splendid Families:

Strengthening Family Bonds and Raising Children in the Lord

Bible Text: Ephesians 6:1-4 and supporting texts Deuteronomy 6:4-9; Proverbs 22:6.

Objective: To learn how to build strong families and raise children according to biblical principles.

Context: Ephesians 6:1-4 is part of the final section of the letter to the Ephesians, where Paul, having explored the glorious truths of salvation in Christ and the unity of the church, focuses on the practical implications of this faith in everyday life. In particular, in this passage he addresses family relationships, emphasizing the importance of order and mutual submission within the home, as a reflection of order and submission to God. This passage was especially relevant in the Greco-Roman culture of the time, where paternal authority was absolute and children had few rights.

Text: *“Children, obey your parents in the Lord, for this is right. ‘Honor your father and mother’—which is the first commandment with a promise—‘so that it may go well with you and that you may enjoy long life on the earth.’ Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.”* (Ephesians 6:1-4)

Exegesis:

- **“...obey your parents in the Lord...”:** A child’s obedience to their parents is not blind or absolute, but is qualified by the phrase *“in the Lord.”* This means that obedience to parents must be consistent with obedience to Christ. From a Wesleyan perspective, this implies that the individual conscience, illuminated by the Holy Spirit, plays a crucial role in discerning God’s will in every situation. If parental instruction contradicts biblical principles or the guidance of the Holy Spirit, the priority is to obey the Lord.
- **“Honor your father and mother...”:** This commandment, rooted in the Old Testament (Exodus 20:12), transcends simple obedience. It involves deep respect, love, and care for parents, even in adulthood, and includes the cultivation of godly relationships within the family. Honoring parents is an expression of this social holiness and a testimony of God’s love in our lives.
- **“...first commandment with promise...”:** The promise: *“— so that it may go well with you and that you may enjoy long life on the earth”* reflects God’s blessing upon those who honor their parents. Although Wesley would not interpret this as a guarantee of material prosperity or physical longevity, he would see it as an expression of God’s general favor and blessing upon those who live in obedience to His commandments.
- **“...do not exasperate your children...”:** Parents have the responsibility to raise their children *“in the training and instruction of the Lord.”* This implies a balance between loving correction and instruction in the faith. For Wesley, discipline was not synonymous with severe physical punishment, but with a firm and loving guidance that seeks the spiritual and emotional well-being of the child. Exasperating or provoking children to anger, on the other hand, can generate resentment, rebellion and alienation from God.

Proposition: The family, as a divine institution, is a space where one learns to love, obey and honor God. It is the first and best center for discipleship. Both parents and children have specific responsibilities within the divine order, and the fulfillment of these responsibilities contributes to the mutual edification and the testimony of the gospel in the world.

Application:

- **For mothers:** Encourage them to raise their children in the “*training and instruction*” of the Lord, modeling a life of faith and obedience to God. Promote the importance of love, patience, and open communication in your relationship with your children. A balance between firmness and flexibility is necessary.
- **For daughters:** Encourage them to honor their parents by expressing gratitude for their love and care. Help them understand that obedience to parents, in the context of obedience to Christ, is a way of honoring God.
- **For all women:** Remind them that the family is a reflection of God's family, and that healthy family relationships are essential for spiritual growth and Christian witness. Offer support and counseling to those who are facing challenges within their family relationships. Promote reconciliation and restoration in broken families.

Additional Ideas:

- Organize a workshop on parenting from a biblical and Wesleyan perspective.
- Create a support group for mothers facing challenges in raising their children.
- Support those who have not been able to conceive children with sensitivity.
- Develop a Bible study about the role of women in the family.
- Invite a Christian family counselor to speak on issues relevant to women in the church.
- Invite an exemplary couple or family to share their testimony of how they have built a strong Christian home.

Questions for Discussion:

- What is the role of each family member in building a Christian home?
- How can we teach our children to love and follow Jesus?
- What challenges do families face today, and how can we overcome them?

Conclusion: Ephesians 6:1-4 presents us with a biblical model for family relationships, based on the principles of obedience, honor, love, and godly discipline. As “splendid” Christian women, we are called to live out these principles in our own lives and to pass them on to future generations. In doing so, we contribute to building strong homes, healthy churches, and a society that reflects God's kingdom.

9. Splendid Leadership:

Developing Our Skills to Positively Influence Others

Scripture: Exodus 18:13-27 and supporting texts Proverbs 16:32; 1 Timothy 3:1-7

Objective: To discover our leadership potential and learn to exercise it with integrity and wisdom.

Exegesis of Exodus 18:13-27

Context: Exodus 18 presents us with Moses, the leader of Israel, who is overwhelmed by the task of judging the people. His father-in-law, Jethro, a Midianite priest, observes the situation and offers wise advice: delegate responsibilities. Not only does this passage offer a lesson in effective leadership, but it also has profound implications for women in ministry within the Church of the Nazarene.

Proposition: The passage from Exodus 18:13-27 illustrates the principle of how organizing and delegating responsibilities can lead to a more just and efficient community, where everyone, including women, can use their gifts to serve God and others.

Text analysis:

- **Social Sanctification:** Jethro recognizes that Moses' way of exercising leadership is neither sustainable nor fair to him or the people. By delegating, Moses allows others to participate in ministry, thereby promoting a community where justice and social order reflect God's character. Women, with their unique gifts and talents, have a vital role to play in building and sanctifying the community.
- **Servant Leadership:** Moses' model of leadership, after following Jethro's advice, reflects the idea of servant leadership. Rather than seeking power or personal recognition, the leader should serve the community and equip others to serve as well. This opens the doors for women to exercise leadership roles within the church, using their gifts to build up the body of Christ. It also teaches the importance of choosing people and delegating responsibilities to others.
- **Prevenient Grace:** Although Jethro was a Midianite, God used his wisdom to guide Moses and the people of Israel. This reminds us of God's prevenient grace, which extends to all people, regardless of their gender or background. Women, therefore, are recipients of this grace and can be agents of it in the world. For that reason, it is important for women to listen carefully to the advice of wise women who can help them in the development of their lives and leadership.
- **Growth in Holiness:** The delegation of responsibilities not only benefits the community, but also allows for individual spiritual growth. By sharing the burden of leadership, Moses was freed to focus on his relationship with God and on the spiritual guidance of the people. In the same way, women who are actively involved in ministry have the opportunity to grow in holiness and develop their spiritual gifts.

Application:

- **Identify and Use Gifts:** Every woman has unique gifts and talents that God has given her. Women's Ministry should be a space where these gifts are identified and used to serve God and the community.
- **Promote Servant Leadership:** Encourage women to take on leadership roles within the church, emphasizing service to others and building up the body of Christ.
- **Encourage Active Participation:** Create opportunities for women to actively participate in all aspects of church life, from teaching and preaching to social service and counseling.
- **Recognize Prevenient Grace:** Remember that God works in all people, including women, and that all are called to participate in the mission of the church.
- **Biblical principles of leadership can be applied by women in any area of their lives.**

Questions for Discussion:

- According to the Bible, what are the qualities of a good leader?
- How can we develop our leadership skills?
- How can we use our leadership to serve God and others?

Activity: Identify women who were leaders in the Bible or in church history and discuss their qualities and accomplishments.

Conclusion: The passage from Exodus 18:13-27 offers us a model of effective leadership and a vision of sanctified community that is relevant to Women's Ministry. By embracing the principles of social sanctification, servant leadership, prevenient grace, and growth in holiness, women can play a vital role in building the Kingdom of God. This passage calls us to recognize, value, and empower women to use their gifts to serve God and their community.

10. Splendid Evangelism:

Intentionally Sharing the Gospel with Love and Compassion

- **Scripture:** Matthew 28:18-20 and supporting texts Acts 1:8; 1 Peter 3:15
- **Goal:** To equip women to share their faith effectively.

Wesleyan Approach to Women in Ministry

Context: This passage, known as the Great Commission, is found at the end of Matthew's Gospel. The risen Jesus appears to his disciples in Galilee and gives them the authority and mission to make disciples of all nations. It is a pivotal moment that marks the beginning of the expansion of Christianity.

Text: *"Then Jesus came to them and said, 'All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.'"* (Matthew 28:18-20)

Proposition: Jesus, with all authority, commissions his followers to go and make disciples of all nations through evangelism, baptism, and teaching, with the promise of his constant presence.

Exegesis:

- **"All authority ... has been given to me.":** Jesus affirms his absolute authority, both in the spiritual and earthly realms. This statement is the basis of the Great Commission, because only with that authority can He commission His disciples.
- **"Therefore go...":** The "therefore" connects Jesus' authority with the mission. It is an imperative command, not a suggestion. "Go" implies going out, taking the Gospel beyond their comfort zone. *"Make disciples"* is the main verb, the central objective. It's not just about conversions, but it's about complete, life-transforming discipleship. *"Of all nations"* indicates the universality of the Gospel, crossing cultural and geographical barriers. *"Baptizing them..."*; Baptism is the symbol of new life in Christ, the entrance into the community of faith. *"In the name of the Father, and of the Son, and of the Holy Spirit"* affirms the Trinity, the very essence of the Christian faith.
- **"Teaching them to obey..."** Discipleship involves ongoing teaching, not just the transmission of information, but training in obedience to the teachings of Jesus. *"And surely, I am with you always..."* is the comforting promise of Jesus' constant presence, giving power and assurance in the task. *"To the very end of the age"* emphasizes that the mission must continue until Christ's return.
- **Prevenient Grace:** Although not explicit in this passage, Wesleyan Theology emphasizes that God's grace precedes the call. Women, like all believers, are empowered by God's grace to respond to this call and participate in the Great Commission.

- **Universal Call:** Wesley believed in the universal offer of salvation. This passage confirms this, as Jesus sends his followers to “*all nations*.” Women, as an integral part of the body of Christ, have the right and responsibility to participate in the overall mission of the church.
- **Social Holiness:** Discipleship involves not only personal transformation, but also a commitment to justice and compassion. Women, with their sensitivity and capacity for care, can be powerful agents of social transformation in their communities and in the world.
- **Christian Perfection:** Wesley taught that the goal of the believer is Christian perfection, a perfect love for God and neighbor. The Great Commission is a call to grow in holiness through service and obedience. Women, in their walk with Christ, can encourage one another in the process of sanctification.

Application:

- **Evangelism:** Women can share the Gospel with other women in their circles of influence: friends, family, neighbors, co-workers.
- **Discipleship:** Women can be excellent disciplers and form small groups to study the Bible, pray together, and support each other in their spiritual growth.
- **Service:** They can identify the needs of their community and develop service projects that demonstrate the love of Christ in action.
- **Missions:** They can support missionaries and participate in mission trips to take the Gospel to other cultures.

Activities:

1. **Bible Study:** Go deeper in the study of the Great Commission and its practical application in the lives of women.
2. **Testimonies:** Share personal experiences of how God has used you to reach others with the Gospel (personal stories supported by biblical texts).
3. **Project Planning:** Identify needs in the community and develop service projects (e.g., visiting the sick, helping single mothers, supporting children at social risk).
4. **Prayer:** Pray for the missionaries of the Church of the Nazarene, that they will have opportunities to share the Gospel in their context.
5. **Workshops:** Organize workshops on topics relevant to women, such as leadership, self-esteem, family relationships, etc.
6. **Practice** with each other how to present the Gospel clearly and simply, using different approaches and examples.

Questions for Discussion:

- What is the Great Commission and how does it apply to us today?
- What different methods can we use to share the Gospel?
- How can we overcome fear or shyness when talking about Jesus with others?

Conclusion: The Great Commission is a call to all followers of Jesus, including women, to actively participate in the expansion of the Kingdom of God. Through God's grace and in obedience to His call, women can be powerful instruments in taking the Gospel to all nations and transforming the world with the love of Christ.

11. Splendid Worship:

Celebrating God with Our Whole Being

Scripture: Romans 12:1 and supporting texts in Psalm 95:1-7; John 4:23-24.

Goal: To experience worship as a way to connect with God, a way to praise Him for who He is, and a way to express all our gratitude and love to Him.

Context: In his letter to the Romans, after having explained the fundamental doctrines of salvation by grace through faith in Jesus Christ and about life in the Spirit that we, as believers obtain through the death and resurrection of Jesus, the apostle Paul goes on in chapter 12 to the practical implications of this faith in the daily life of the believer. Romans 12:1 is an exhortation to live a life consecrated to God in response to His mercy. It is about a life surrendered in continuous worship.

Text: *“Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.”* Romans 12:1

Exegesis:

- **“Therefore, ... brothers and sisters,...”:** Paul addresses the entire Christian community in Rome, including men and women alike. This call to consecration is universal. It is a loving calling.
- **“I urge you . . . in view of God’s mercy...”:** Paul appeals to the motivation of God's love and grace. This is not a legalistic obligation, but a grateful response to the undeserved love we have received. The “God’s mercy” refers to the entire work of redemption, from before we came to Christ, to justification and sanctification.
- **“to offer your bodies as a living sacrifice, holy and pleasing to God”:**
 - **“Offer your bodies”:** In the Old Testament, sacrifices were offerings of dead animals that were presented to God in the temple in Jerusalem. In essence, that was what going to worship consisted of. Paul uses this image to illustrate the total surrender of the believer's life. The word “bodies” in this context refers to the whole person, including our mind, emotions, will, and actions.
 - **“Living sacrifice”:** Unlike the sacrifices of the Old Testament, the believer's sacrifice is continually surrendering to God. It’s a life dedicated to serving God. Even though animal sacrifices were dead animals, God does not ask us to die physically. Through the Holy Spirit we die to sin and He gives us new life, so that our lives continues in accordance to His will. In this way we can present ourselves as “living” sacrifices to God.
 - **“Holy”:** Separated from sin and dedicated to God. It entails a life of purity and obedience.

- ***“Pleasing to God”***: The reason for giving a sacrifice was to please God, to live according to His will. God doesn’t want a dead sacrifice, He wants you alive and doing His will for the glory of His name.
- ***“this is your true and proper worship.”***: The Greek words “logikos latreia” translate as “reasonable worship” or “spiritual service of worship”. It refers to a worship that is not limited to external rituals, but involves our entire being and is expressed in a life of obedience and love.

Proposition:

In response to God's mercy, we must give Him our entire lives as living, holy, and pleasing sacrifices, which constitutes our true worship.

Application:

- **Recognize God's mercy in our lives.** Take time to reflect on how God has shown us His love and grace through our salvation and in our daily lives.
- **Identify areas of our lives that we are not surrendering to God.** Are there habits, attitudes, relationships, or activities in your life that don’t align with God's will?
- **Seek sanctification in all areas of our lives.** Cultivate purity, obedience, and love in our thoughts, words, and actions. Be filled each day with the love of the Lord. Be renewed by His Spirit.
- **Use our gifts and talents to serve God and others.** Every woman has unique skills and talents that she can use to glorify God within the church and in the community.
- **Live a life of worship that is expressed in obedience and love.** Our daily lives should be a reflection of our devotion to God.

Group Activities:

1. **Testimonies:** Share experiences of how God's mercy has been evident in your life.
2. **Personal Reflection:** Use a journal and quiet time to identify areas of your life that need to be consecrated to God.
3. **Small Group Prayer:** Pray for one another, that you may live as living sacrifices for God.
4. **Bible Study:** Delve deeper into the meaning of holiness and how to cultivate it in your daily life.
5. **Plan Ways to Serve:** Identify church and community needs and organize service projects in which women can participate.
6. **Organize** a time of creative worship, using music, dance, art, or other forms of expression.

Conclusion:

Romans 12:1 calls us to a life of total surrender to God. As women, we have the opportunity to encourage each other to live this truth and to be examples of consecration and service in our church and community. May God's grace enable us to present ourselves as living sacrifices, holy and pleasing to Him.

Questions for Discussion:

- What does it mean to worship God in spirit and in truth?
- How can we cultivate a heart of worship in our daily lives?
- In what ways can we express our worship of God?

12. Splendid Unity:

Celebrating Diversity and Promoting Harmony Within the Body of Christ

Scripture: Psalm 133:1-3 and supporting texts in Ephesians 4:1-6; 1 Corinthians 12:12-27

Objective: To value diversity within the church and work together to build unity.

Psalm 133:1-3 - Unity in Christ

Context: Psalm 133 is one of the “Songs of Ascents” that pilgrims sang as they traveled to Jerusalem for the annual feasts and to worship God. Imagine families, with all their differences and backgrounds, coming together for one purpose: to worship God. This psalm celebrates the beauty of unity and harmony among God's people.

TEXT:

*“Behold, how good and how pleasant it is
For brethren to dwell together in unity!
² It is like the precious oil upon the head,
Running down on the beard,
The beard of Aaron,
Running down on the edge of his garments.
³ It is like the dew of Hermon,
Descending upon the mountains of Zion;
For there the Lord commanded the blessing—
Life forevermore.”* (Psalm 133:1-3 NKJV)

Exegesis:

- **“Behold, how good and how pleasant it is for brethren to dwell together in unity!”**
 - **“Behold”:** This is an invitation to observe, to contemplate attentively. The psalmist urges us not to take unity for granted, but to recognize it as something precious.
 - **“How good and how pleasant”:** David calls our attention to consider that unity is not only something pleasant, but it is intrinsically good. It is a source of joy and delight, a reflection of the character of God Himself. It is good because it reflects the heart of God (John 17:20-23). Something good is not always delightful or pleasant to the degree that the psalmist characterizes, only God.
 - **“For brethren to dwell together in unity”:** The verb “to dwell” implies something more than simple coexistence. It speaks of a shared dwelling place (Rev. 18:14), of a mutual commitment, of a sense of belonging. “Unity” or “Harmony” (in some versions of the Bible) does not mean uniformity, but the ability to live in peace despite differences, united by love for God and neighbor. Unity/harmony must be the focus of God's people.

- **Comparisons:** The psalmist uses two vivid images to illustrate the beauty of unity:
 - ***“... like the precious oil upon the head, running down on the beard, the beard of Aaron, running down on the edge of his garments.”***: The perfumed oil that was poured on the head of the high priest symbolizes the blessing of God that flows over all his people when there is unity. The image of the anointing oil running to the hem of the priest’s garments speaks of a blessing that permeates every aspect of life.
 - ***“... like the dew of Hermon, descending upon the mountains of Zion ...”***: Mount Hermon, with its snow-capped peaks, provided vital water to the dry land of Israel. The dew that descended from Mount Hermon represented freshness, life, and blessing. Just as dew revives the earth, unity brings blessing and life to the community.

Proposition:

Unity among believers is a precious gift from God that we should cherish, cultivate, and celebrate. It is a powerful witness to the world and a channel of blessing to the church.

Application:

- **Recognize the Value of Unity:** We must not take unity for granted in our churches and communities. It is a gift that we should cherish and thank God for.
- **Cultivate Unity in Our Relationships:** This involves forgiving, serving, showing compassion, and seeking reconciliation when there are conflicts.
- **Be Agents of Unity:** We must be builders of bridges, promote peace and seek the common good.
- **Remember that Unity is in Christ:** Our unity is not based on our own strength or merits, but on the love of God that unites us in Christ.

Group Activities:

1. **Share Experiences:** Ask women to share examples of how they have experienced unity in the church or in their personal lives, and how that unity has been a source of blessing.
2. **Identify Obstacles:** Discuss challenges and obstacles that can prevent unity in the church and in interpersonal relationships. How can we overcome those obstacles?
3. **Develop an Action Plan:** Develop practical strategies to promote unity within your Women's Ministry group and in your church at large. For example, organizing events that encourage fellowship, create a support system for women who are going through difficulties, or start a prayer ministry focused on unity.
4. **Artistic Creation:** Divide the group into teams and ask them to depict the concept of unity through a painting, a collage, a song or a small dramatization.

5. **Bible Study:** Dive deeper into other Bible passages that talk about unity, such as John 17:20-23, Ephesians 4:1-6, and Philippians 2:1-4.

Questions for discussion:

- What does this psalm tell you about God's heart for His people?
- What are some obstacles that prevent unity among sisters in Christ?
- How can we apply the principle of this psalm to our personal relationships?
- How can unity within our Women's Ministry group impact our church and community?
- What practical steps can we take to strengthen unity among us?

Conclusion: May this study of Psalm 133 inspire us to be women seeking unity and harmony within our churches and communities. Let's remember that unity is a powerful witness of God's love for the world and a source of blessing for us all. May we live in the unity of the Spirit, united by the love of Christ.